

Magical Kenya & Adventurous Tanzania

- the best from East Africa

The word safari originally comes from Swahili and means directly translated to Danish actual caravan travel. Today, the word is primarily used to describe a trip to Africa to experience the continent's nature and wildlife. But safari is much more than traveling – safari is experiencing; safari is chasing the moment when everything stands still around you and where everything other than nature around you seems unimportant; and safari is to feel why one lives.

Kenya is the preferred country in the world when you want to experience the classic safari trip in Africa, because the country is truly a cornucopia of great and genuine nature experiences. This is where there is the greatest opportunity to experience *The Big Five* – the rhinoceros, the lion, the leopard, the elephant and the buffalo; this is where you experience *The Big Migration* – when millions of wildebeest, zebras and gazelles migrate from the *Serengeti* in Tanzania to the *Masai Mara* in Kenya in search of water and grass; and this is where you experience the most unique and magnificent concentration of animals in the fantastic nature where they belong.

At the same time, Kenya has one of the most open and hospitable populations in the world, where you are always welcomed with warm smiles and contagious laughter. The country is home to some of the most iconic tribes in the world, and on a safari trip you can experience the local tribes living the same way they have for generations, and you can thus get a completely unique insight into a daily life that is so far from ours.





A safari is one of those experiences you will never forget, and which you will want to tell and talk about again and again, for the rest of your life. In fact, you can't go on safari without experiencing something incredibly special it can be the breath-taking sunrise over the savannah, where the sun's warm rays slowly dissolve the fine white clouds and reveal the most beautiful

view of the savannah, which is just as quietly getting ready for a new day. It could be herds of elephants wandering just as quietly across the green plains. Gazelles elegantly leaping through the grass. Lions lying down and consuming the prey of the night. Giraffes approaching the watering hole with their characteristic undulating gait, or herds of zebras galloping swiftly away.

Every day on safari is special in its own way. The experiences will be different from day to day, and you are on the first floor of the wild animal world. These are experiences that make you forget to breathe just because of the sensation, make your heartbeat faster and the adrenaline to pump around your body.

Evergreen Escape has tailormade a 15-day safari trip, which gives you the opportunity to experience the best parks in both Kenya and Tanzania, while also having some memorable experiences at a local school in Kenya and meeting the local tribes.

A true treat of a journey which is named:

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Be prepared to be struck by the African disease - it runs right through your blood and gives you a constant feeling of homesickness, which can only be kept at bay by coming back to Africa and life on the savanna again and again.





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Day 1: Arrival to Nairobi

Once you have passed through passport control at the airport, your local tour guide will be ready to welcome you. Together you will drive to your hotel in Karen, Nairobi, where you will have the opportunity to take a refreshing shower and get a good night's sleep.

You will spend the night at a little pearl of a place in Nairobi – this is what you can call Glamping or glamorous camping. It is a luxury camp, and despite being in the middle of the city, you as a guest still feel close to nature. With the combination of luxury and the nature experience, this tented camp is the perfect place to spend your first nights and prepare for the upcoming days' experiences.



Accommodation: Anga Afrika, Nairobi (https://www.angaafrika.com/)



Day 2: Nairobi - sightseeing

(Distance: Approximately 55 kilometre)

Kenya's capital, Nairobi, was established in 1899 and actually originated as a station town during the construction of the railway between the port city

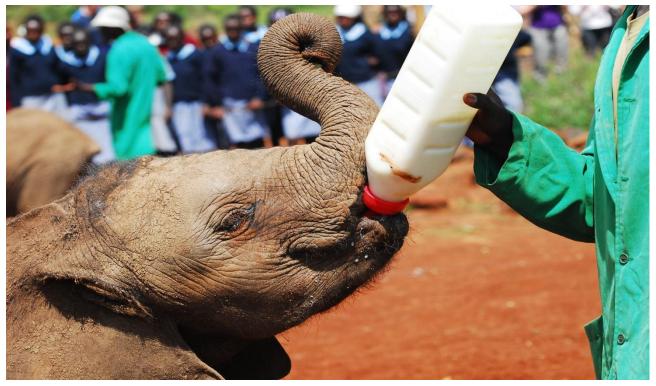
of Mombasa and Uganda. Back then, the city was just a swampy area, but grew rapidly and became vital to the British Empire. In 1907, Nairobi became the capital of British East Africa and thereafter assumed a decisive role for Kenya politically, economically, and culturally. Today, Nairobi is a modern city and is often referred to as the city that never sleeps.



After a wonderful breakfast, it is time to depart for *David Sheldrick Elephant Orphanage*. The respected magazine *National Geographic* brilliantly describes the encounter with the elephant orphanage:

"In the distance, a pair of tall figures in green smocks and curly white safari hats appear, calling in shrill voices: "Kalama!" "Kitirua!" "Olare!" And suddenly baby elephants appear from the thicket, 18 brown heads with hanging ears in a scattered procession. Their long proboscis controls the spherical bodies with a hypnotic grace. The cubs stop under the colour-draped trees, where the zookeepers tie a warm blanket around each elephant before they begin their trek home. "Home" is a rescue and rehabilitation centre for orphaned elephants and the most successful centre in the world. The "Orphanage" takes in baby elephants from all over Kenya who have become orphans, usually due to poachers or conflicts with humans, and raises them until they are no longer dependent on milk. Once they have recovered and stabilized, they are moved over 160 km further south-east to two culling camps in Tsavo National Park. There they can slowly and at their own pace get used to life in nature."





You will have the opportunity to get up close to the elephants, watch them eat and play, while a zookeeper will tell you more about their lives, how they cope and their future opportunities.





After some memorable time, you'll drive to the *Karen Blixen Museum*. Karen Blixen moved to Kenya in 1914 to marry and become Baroness Blixen. Together with her husband, Bror Blixen, they were to establish a cattle farm and dairy, but Bror persuaded her to start growing coffee instead. However, he himself was not interested in participating in the work, and the land was

not actually suitable for growing coffee. So, coffee never became "the black gold" for Karen Blixen. But she loved her farm, which later became so famous through her book "Out of Africa". In 1931, however, she left the farm and went back to Denmark. To this day, the house has been converted into a museum, and it is possible to get a guided tour of the house itself. A beautiful garden has been laid out around the house and the view of the Ngong mountains in the distance is still as beautiful as when the baroness herself lived in the house. If you have seen the film "Out of Africa", it is easy to recognize the place - several of the furniture from the film are still in the house.



Lunch is taken at the legendary *Carnivore*, where you can satisfy your hunger in a delicious meat buffet.

After lunch, you drive to the cultural centre *Bomas of Kenya*, which is almost a miniature version of Kenya. Here you will have the opportunity to experience the diversity of cultures that make up this fascinating country. You will, among other things, see traditional ways of living, and witness traditional dance and music.





A short kilometre from Kazuri Beads and the Karen Blixen Museum is the *Karen Blixen Coffee Garden*, which is home to the historic *Swedo House*. In the beautiful surroundings, there is an opportunity to drink your afternoon coffee and dream back in time.



Accommodation: Anga Afrika, Nairobi (https://www.angaafrika.com/)

Meals: Breakfast and lunch



Day 3: Nairobi - Lake Naivasha

(Distance: Approximately 85 kilometre)

After breakfast, you continue your journey northwest to *Lake Naivasha*. Lake Naivasha is the highest and cleanest of the freshwater lakes in the

Great Rift Valley. The lake is beautifully surrounded by acacia trees. It is a lush area where you will also find quite a few flower plantations, from which a large part of the flowers is exported to Europe. The area is a true mecca for birdwatchers, as over 450 different bird species have been recorded, including storks, pelicans, herons and the African Fish Eagle.

You arrive at your lodge just around lunchtime, where you will have the opportunity to take photos of the area's birdlife and the lake itself.

After lunch, you will go on a boat trip, where you will have the opportunity to experience wildlife from the lake side. You will sail around Crescent Island and experience the many hippos and the rich bird life.

Your lodge is located in the most beautiful surroundings around a garden with a breath-taking view. The animals come quite close to the lodge, so you can often see zebras, waterbucks, giraffes and hippos from the lodge's area.



Accommodation: Lake Naivasha Sopa Lodge (http://www.sopalodges.com/lake-naivasha-sopalodge/overview)



Day 4: Crescent Island

After a delicious breakfast buffet, it's time to get out and experience one of Kenya's best kept secrets – Crescent Island. It is one of the absolute most beautiful parks, located right in the middle of Lake Naivasha, and since they

don't allow tourist agencies to come here, there are very few visitors. You visit Crescent Island on foot and thus it is the original form of safari in its purest form. Where you, as a passenger in a 4-wheel drive, are merely an observer, you become a far greater part of the surroundings when you move out into the bush on your feet.

Zebras, giraffes, wildebeests, impalas, waterbucks and Grant's gazelles inhabit the island, and at the beaches there is an extraordinarily rich birdlife, where you can, among other things, may be lucky to see pelicans, cormorants, herons and the African Fish Eagle.



Some of the scenes from "Out of Africa" were filmed here, so you will have the opportunity to feel like Karen Blixen and Denys Finch Hatton for a day.

Accommodation: Lake Naivasha Sopa Lodge (http://www.sopalodges.com/lake-naivasha-sopalodge/overview)



Day 5: Lake Naivasha - Visit at Oterit Primary & Secondary Schools, Baringo County

(Distance: Approximately 200 kilometre)

After a good night's sleep, it's time for an experience out of the ordinary, when you go out to visit a primary school and a high school and experience a completely ordinary school day.

"Already from a long distance you can hear the inciting rhythms and the beautiful tones of the choir of women who have taken up a position by the road to welcome us. You are entering Oterit Primary School northwest of Nakuru."



Oterit Primary & Secondary Schools are located in Baringo County well over 1 hour Distance northwest of Nakuru. The schools have students aged 3-24 divided into Nursery School (1-3 years), Primary School (8 years of schooling) and Secondary School (4 years of schooling) and are financially supported by the Danish NGO Periamma (www.periamma.org).

At the school, students are taught religion, mathematics, history, geography, biology, Swahili, chemistry, physics, English, and physical education. The school classes are larger than you know back home in Denmark, and there can easily be up to 50 students in a class. Discipline is paramount, and the students will therefore always stand up when you enter the classroom. You will find that there is no noise, to say the least, and students only respond when asked. In the beginning, the students will be a bit shy and reticent, but as they get to know you better, they will become much more curious and interested in hearing you talk.

You will participate in the classes so that you can get an idea of how classes are conducted in Kenya. It is also possible to participate in various play activities with the children.



You eat lunch together with the teachers, where you can exchange experiences with the school system in Denmark. With your visit, you also help to ensure that all the school children get lunch this day.



The school day will typically begin around 8:00 a.m. and end around 4:00 pm.





After an eventful day with many memorable experiences, it's time to drive to your hotel at Lake Baringo. The hotel has a lovely large swimming pool where you can relax and enjoy the spectacular view of the lake while digesting the day's unforgettable events.





Accommodation: Soi Safari Lodge, Lake Baringo (http://www.soisafarilodge-lkbaringo.com/)



Day 6: Boat safari on Lake Baringo

After breakfast it's time to get out and experience Lake Baringo. It is a 168 km² freshwater lake, and the largest and most northerly of the 5 lakes in central Kenya. The lake is incredibly beautiful and peaceful with small

wooded streams and white stone beaches, and is almost completely framed by the mountains to the east and west.

Early in the morning you will see the local residents paddling around in their small handmade balsa wood canoes trying to catch lungfish and the white fish tilapia. The fishermen use the catch partly as a means of generating income and partly for their own consumption. The fish is incredibly tasty and can be highly recommended for dinner.

The lake itself, and the narrow ledge along the lakeshore, is a reserve inhabited by many hippos and crocodiles. Environmentalists point out that the presence of the many hippos in particular is good for the natural ecosystem. The hippos typically lie in the water all day in groups of 10-15. At night they go ashore and can eat up to 40 kilos of grass in one night.





Around the lake there is also an incredibly rich birdlife. More than 400 species have been identified, with the African Fish Eagle in particular and its way of hunting its prey in the lake being breath-taking. The fish eagle sits in the tops of the trees around the lake and with its fantastic vision it pinpoints its prey from a long distance. With its incredible speed, it shoots through the

air and uses its claws to catch the fish, then flies back to its tree to consume the food it brought home.



Wildlife is best experienced on a boat safari, where you can experience the many colourful birds up close, see the beautiful African ospreys and get to know the many hippos.

The lake is also home to 7 islands, some of which have hot springs and geysers that can shoot up to 5-meter-high columns of hot water and water vapor directly into the air. One of the 7 islands bears the enigmatic name "Devil's Island" and is totally abandoned by all people. According to the local tribes, it is the devil himself who has taken up residence on the island. It is said that a bluish fire would burn at night and the devil would be heard calling out the names of the people who dared to sail around the island after sunset. Despite this slightly creepy myth, the island is a favourite destination for a *sundowner*, and if you feel like it, for a small extra fee you can enjoy the beautiful sunset while sipping a gin and tonic.

Accommodation: Soi Safari Lodge, Lake Baringo (http://www.soisafarilodge-lkbaringo.com/)



Day 7: Lake Baringo – Masai Mara National Reserve

(Distance: Approximately 295 kilometre)

You continue your journey early in the morning to drive towards *Masai Mara National Reserve*. Masai Mara National Reserve is probably the best-known

national park in Kenya, partly because of the unique wildlife and the chances to see the animals in their natural environment, and partly because of the name that covers the colourful tribe, the Masai.

The almost iconic local population, the Maasai, are a semi-nomadic warrior tribe known for their brightly coloured clothing and decorations, and not least their jumping warriors. Despite the warlike lineage, the Maasai are a very friendly and hospitable people.

After lunch, you will spend the afternoon in a village with the Maasai tribe, participating in their normal daily activities. You hear them talk about their lives and traditions, and you also participate in the preparations for the cooking, where goats are to be slaughtered for the famous barbecue "Nyama Choma". By the glow of the fire, stories and anecdotes are exchanged. After an eventful afternoon with many memorable experiences, you drive back to your lodge.



You will spend the night at Naserian Mara Camp, which consists of luxury tents with wooden floors, bathroom, and balcony. The location, and spending the night in a tent, gives you the perfect feeling of being out in the bush.

Accommodation: Naserian Mara Camp (https://naserianmaracamp.com/)



Day 8: Masai Mara National Reserve

You leave early from your lodge to go on a full-day game drive in what is probably the most beautiful safari park in Kenya in search of The Big Five – the rhinoceros, the lion, the leopard, the elephant, and the buffalo. The term

dates back to the 1800s, when big game was hunted on foot. The hunters judged that these five animals were the most difficult and dangerous to kill. So even though the term originates from a bygone era, nothing has changed in that it is still an achievement and requires a lot of luck to spot these five animals.

Masai Mara is part of the fantastic ecosystem Masai Mara National Reserve - Serengeti National Park (Tanzania), where the world's most spectacular animal migration - The Great Migration - takes place. Millions of wildebeest, zebras and gazelles wander between the 2 parks every year in search of water and grass. During the migrations, the animals can move more than 50 km a day, and you often see them in long columns. The zebras are often the front ones, as they eat the longest grass, and then the wildebeests take the shorter, and finally the gazelles who eat the shortest. But the most spectacular sight is probably when the animals cross the rivers, i.e., Mara River in Kenya, where some of the world's largest crocodiles await.



Accommodation: Naserian Mara Camp (https://naserianmaracamp.com/)



Day 9: Masai Mara National Reserve

The day is devoted to another all-day game drive. The Masai Mara is particularly known for its population of big cats: lions, cheetahs, and leopards. In fact, the area is the place in Africa with the most lions.



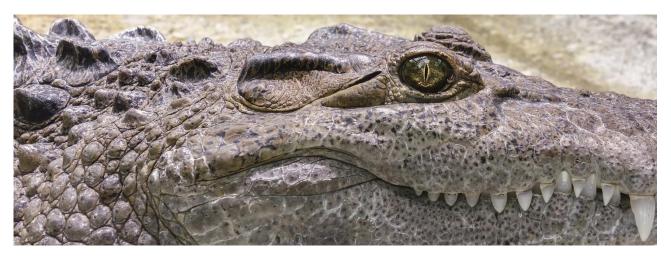
The wildlife in the Masai Mara is exceptional - both in number and variety. The plains teem with wildebeest, zebra, giraffe, impala, and gazelle, which attract leopards, cheetahs, and large herds of lions. Elephants, buffalo, jackals, hyenas and even the rare black rhino inhabit the plains, while hippos and crocodiles inhabit the rivers. The birds come in all sizes and colours, from hummingbirds and oxpeckers to ostriches and mighty eagles and vultures. Here is a real opportunity to get close to the animals in their natural environment.







You have a picnic basket with you so you can have lunch somewhere along the Mara River and enjoy the view of the hippos relaxing on the surface of the water. The Mara River is also home to the largest Nile crocodiles in Africa. The crocodile can live to be more than 100 years old, and this exciting animal is an absolutely superb predator. Its large gape consists of 64-68 pointed teeth, and when it bites together around e.g., a wildebeest, it happens with such tremendous force that the wildebeest has no chance of escaping. The crocodile then kills its prey by dragging it underwater until it drowns. Then it turns round and round in the water to tear chunks of meat from the prey.



Accommodation: Naserian Mara Camp (https://naserianmaracamp.com/)

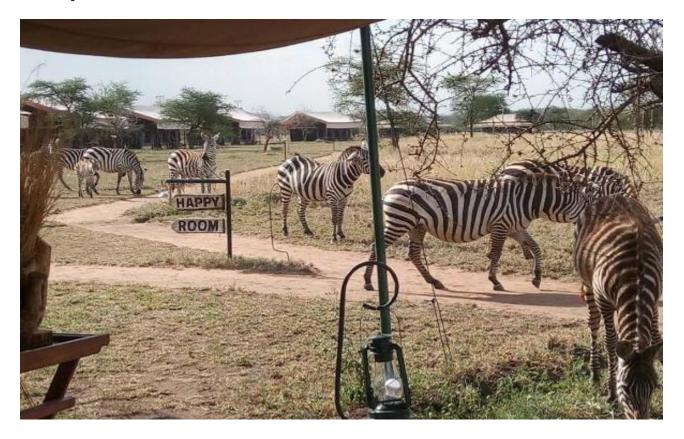


Day 10: Masai Mara National Reserve – Isibania (Kenya)/Sirari (Tanzania) – Serengeti National Park

(Distance: Approximately 285 kilometre)

After a wonderful breakfast, it is time to drive to the border with Tanzania. You drive west of the Masai Mara to cross the border at *Isibania/Sirari*. The border formalities take approximately one hour, and you will then drive on to the *Serengeti National Park* and your camp, where you will arrive around evening.

Your camp is owned and managed by local Tanzanians, who with their hospitality will ensure that you have an unforgettable experience. Your tent is large and spacious, and contains, among other things, a veranda where you can sit and hear the sounds of the African bush and experience the wildlife just outside the tent.



Accommodation: Tanzania Bush Camp (http://www.tanzaniabushcamps.com./central.php)

Meals: Breakfast and dinner



Day 11: Serengeti National Park

Unsurpassed for its natural beauty and scientific value, *Serengeti National Park* is arguably the best-known game reserve in the world, and has a very special magical resonance. The Serengeti has the largest concentration of

plains in all of Africa and covers a total area of 14,763 km². Most of the great nature programs about the wild animals of Africa are filmed in this endlessly beautiful and varied game area, as the park is home to the largest number of game animals in the world.

As previously mentioned, the Serengeti is connected to the Masai Mara National Reserve in a fantastic ecosystem where the world-famous migration of millions of wildebeest, zebras and gazelles takes place. There are many descriptions of this amazing sight, but it all depends on where and when the rain falls. In the southern part of the Serengeti, the rain typically falls in the period from November to April. At this time, the amount of grass and rain will make it attractive for the migrating stock to gather and calve here. The majority of the calves are born during February, but when the rains stop, the savanna dries up quickly, and thus the food base for wildebeest, zebra and gazelle is gone, which is why they start migrating north. They will typically cross the border into the Masai Mara in July and August, and you will therefore be able to experience a migrating herd when you are in the Serengeti at this time.



Of course, the migration also attracts a number of predators – lions, leopards, jackals, hyenas and cheetahs – which thrive on the green savannah.

Accommodation: Tanzania Bush Camp (http://www.tanzaniabushcamps.com./central.php)



Day 12: Serengeti National Park

The day is dedicated to another full-day game drive, so there is plenty of time to enjoy the exciting and impressive wildlife. You drive around the central part of the Serengeti (Seronera Valley), which the local Masai call

"Serengit", which directly translates to "land of the endless plains".

When you are on a game drive, every day is special and the experiences will vary from day to day. But if you're lucky, you'll get to experience The Big Five (the buffalo, the elephant, the leopard, the lion and the rhinoceros) up close. In Tanzania, they have also invented *The Big Nine* so that you can make your safari challenge even greater. In addition to the 5 animals mentioned above, the zebra, giraffe, cheetah and hippo are added to this list as a *"must see"* when you are on a game drive in Tanzania.

But regardless of which animals you experience on today's game drive, it is always a huge experience. To sit and watch the gazelles elegantly leap through the grass. Or the giraffes, who stretch just that little bit further to be able to eat the leaves from the characteristic acacia trees. Or the large herds of zebras, where each and every one of their patterns is as unique as human fingerprints. Or the cheetah, which with its slim and athletic body is the world's fastest mammal.



Accommodation: Tanzania Bush Camp (http://www.tanzaniabushcamps.com./central.php)



Day 13: Serengeti National Park - Ngorongoro Crater

Before saying goodbye to the magnificent Serengeti, you must set off on your last morning game drive, where you may be lucky enough to witness the predators hunting their prey. You bring a picnic basket so you can get

the most out of your time on the savannah.



After saying goodbye to the Serengeti, you drive towards your lodge for the night, located on the edge of the *Ngorongoro Crater*. On the way you pass several Masai villages, where there is an opportunity to visit one of them.



Accommodation: Rhino Lodge (http://www.ngorongoro.cc/)



Day 14: Ngorongoro Crater

After breakfast, it is time to descend into the *Ngorongoro Crater*, which is on UNESCO's World Heritage List and is often referred to as the 8th wonder of the world.

From the crater rim itself, the road winds 600 meters down to the extinct volcanic crater. The crater is 260 km² and contains both acacia forest, savannah, swamps, small rivers and a saltwater lake. This absolutely amazing ecosystem is home to up to 30,000 animals and is often compared to taking a ride in *Jurassic Park*, as there are animals no matter which direction you look.

The diverse nature provides the right conditions for almost all the animals you can imagine: lions, buffaloes, zebras, hyenas, cheetahs, gazelles, hippos, leopards, flamingos, elephants and antelopes. Even the rhinoceros has found its way down into the crater. The rhinoceros is unfortunately one of the most endangered animals in the world because of its beautiful horns. For years, poachers have hunted rhinoceros, as there is a high demand for the horns in Asia, where they are used in crushed form as traditional medicine. In the Ngorongoro crater, however, the guards make a determined effort to get rid of the poachers, so you can enjoy the beautiful animals in their natural habitat.



In the afternoon you will drive up from the crater and head towards Arusha, where you will arrive at your hotel in time for dinner.

Accommodation: Venice Hotel, Arusha

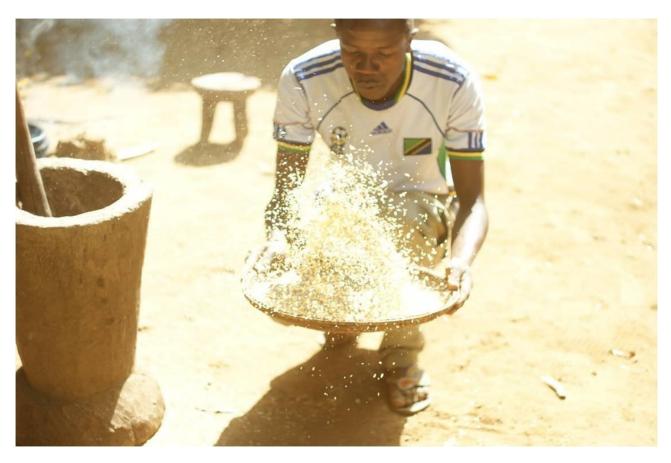


Day 15: Arusha - Kilimanjaro International Airport

After breakfast you will go out to visit a local village at *Mount Meru*. Here you will experience a local coffee farmer who will introduce you to the magical transformation of coffee from the time it grows on the coffee tree

to the time you pour it into a cup. You get the opportunity to be a barista for a few hours and try your hand at the art of coffee roasting. You learn to use your sense of taste and smell to make your very own personal coffee that you can also enjoy when you get home.

You will also help make lunch. During the preparations and the actual eating, you get the opportunity to hear more about the culture and history of the locals and learn a bit of the local language. You thus get a completely unique insight into everyday life, culture and tradition, which is so far from ours.



After lunch, it is time to drive to *Kilimanjaro International Airport*, from where you will fly home to Denmark. Tired, but filled with lots of lovely holiday memories and, of course, unique spots.

Meals: Breakfast and lunch



Overview of the itinerary Magical Kenya & Adventurous Tanzania

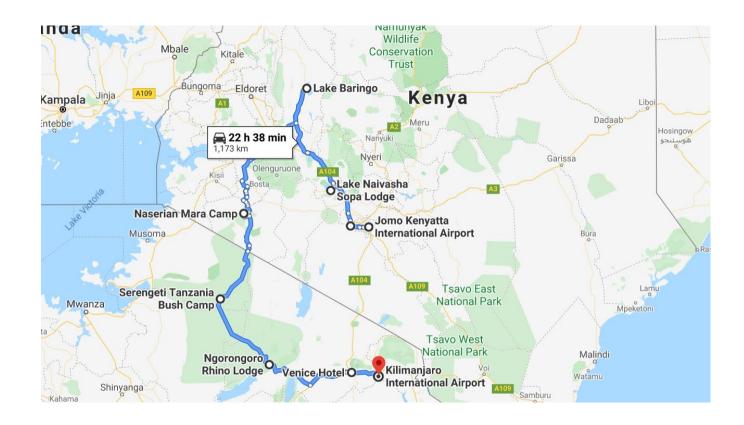
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Day	Duration	Accommodation	Meals
1-3	2 nights	Anga Afrika, Nairobi	Day 2 Breakfast & lunch
3 - 5	2 nights	Sopa Lodge, Lake Naivasha	Day 3 Breakfast, lunch & dinner Day 4 Breakfast, lunch & dinner
5 - 7	2 nights	Soi Safari Lodge, Lake Baringo	Day 5 Breakfast, lunch & dinner Day 6 Breakfast, lunch & dinner
7 - 10	3 nights	Naserian Mara Camp, Masai Mara	Day 7 Breakfast, lunch & dinner Day 8 Breakfast, lunch & dinner Day 9 Breakfast, lunch & dinner
10 - 13	3 nights	Tanzania Bush Camp, Serengeti National Park	Day 10 Breakfast & dinner Day 11 Breakfast, lunch & dinner Day 12 Breakfast, lunch & dinner
13 - 14	1 night	Rhino Lodge, Ngorongoro Crater	Day 13 Breakfast, lunch & dinner
14 – 15	1 night	Venice Hotel, Arusha	Day 14 Breakfast, lunch & dinner
15			Day 15 Breakfast & lunch



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Practical information

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Travel budget

Most meals on our trip are already included. For drinks and additional lunches or dinners, calculate around DKK 150-200 per person.

Tips

It is customary to tip guides, waiters, and other service personnel. They receive a very small, fixed salary, and are therefore very dependent on the tips they receive when they deliver a good effort. Give the tip in person so that you please the person who served you. It is entirely up to you how much you want to give, but as a rule of thumb you can count on the following:

Luggage carriers: USD 1

Bars & restaurants: 10% of the bill price

Driver: USD 3 per person per day Guide: USD 5 per person per day

The house cleaner: USD 1

Tipping is a personal thing. It is of course completely voluntary, but you should just remember that they are a natural and necessary part of everyday life on the African continent.

Passport

Passport must be valid for six months beyond the date of entry and have 2 blank pages for entry and exit stamps.

It is always a good idea to have an extra copy of the passport's information page with you. It is kept in a different place than the passport itself.

We advise all travellers to check with the country's consulate about changes regarding entry requirements, as these can change at short notice.

Visa

Visa is required for EU citizens to Kenya and Tanzania. The visa for Kenya can be purchased online and currently costs USD 51. The visa for Tanzania can also be bought online and currently cost USD 50.

Vehicles

We use comfortable Land Cruisers, where the roof can be lifted during the game drive.

Luggage

Please bring a soft bag or rucksack rather than a suitcase, as they are often easier to pack in the car.

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Packing List

Documents:

- · Your passport & a copy of the passport (keep it separate from the original)
- Your flight confirmation
- Vaccination certificate & copy
- · Contact details and insurance card for your international health insurance
- Cash in Euro or USD
- · Credit card, preferably Visa
- Last travel documents with the contact details of the contact person on site

Clothing:

- Sturdy shoes
- Sandals
- · Warm fleece or wool sweater for chilly mornings and evenings
- Light summer clothes
- Long-sleeved shirt/blouse and long cotton trousers
- Light rain/wind jacket
- Headgear
- · Swimwear, bath towel and bath shoes

Equipment:

- Small backpack
- Money belt or chest bag for storing money and valuables
- Sunglasses
- Flashlight + extra batteries
- Headlamp
- · Camera and telephoto lens for animal photos
- Memory card
- Binoculars
- Power adapter
- Travel alarm clock
- Travel hair dryer if needed
- Neck pillow for travel and long journeys

Health/First Aid Kit:

- Sunscreen for skin and lips
- Mosquito spray (mosquito spray can also be bought on arrival e.g., Nobite or Medisoft)
- First aid kit (with plasters and disinfectant)
- Important personal medicine
- Small provisions, e.g., biscuit
- · A roll of toilet paper